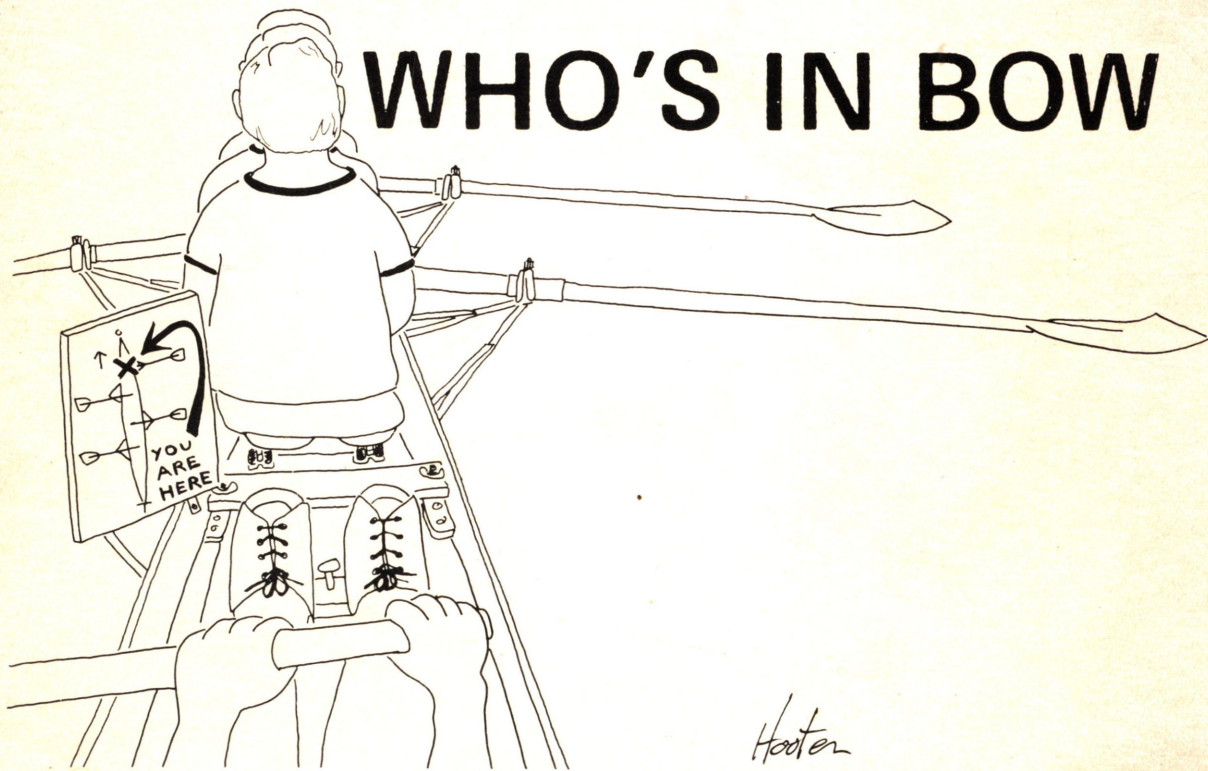


WHO'S IN BOW



Hooten

Ann Jonik



NATIONAL ASSOCIATION OF AMATEUR OARSMEN

Member of Fédération Internationale des Sociétés D'Aviron (F.I.S.A.)

ORGANIZED 1872

INCORPORATED 1970

Membership in the National Women's Rowing Association is good for your team and good for women's rowing.

All teams competing in regional and the national championship regattas must be current members, so be sure to pay your dues early.

Organizational Membership: \$35

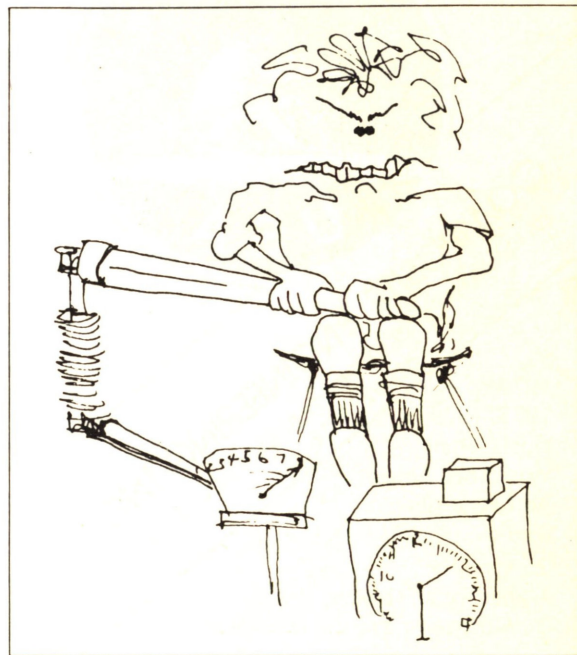
Sustaining Membership: \$10

Send dues or inquiries to:

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Treasurer, NWRA
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from the novice to the champion

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WHO'S IN BOW



Hooter

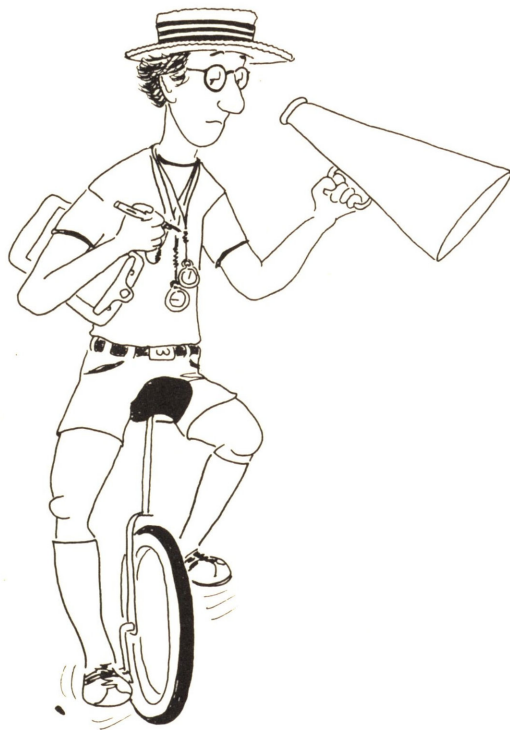
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First Printing December 1979

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FOR SUE



Coach Hooten taking 500 meter
times, strokes per minute,
and medals far too
seriously

INTRODUCTION

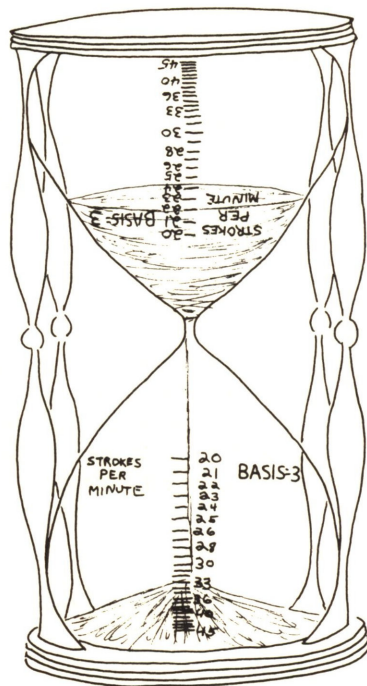
None of us seem able to remember when it was we realized John Hooten's pitch was a half degree off from most of the world. He did somehow convince me to help confuse a large crowd with his adaptation of Abbott and Costello's famous "Who's On First?" routine, but that certainly wasn't the earliest instance of his increasingly eccentric behavior. I assure the reader it was, and will be, the only instance of mine.

Not that it matters much, the fact that "Hoots" may any day overdose on whimsy provides the rowing community a reminder of a lesson sometimes lost in the worry over 500 meter times, strokes per minute, and medals: rowing is sometimes funny, and should always be fun.

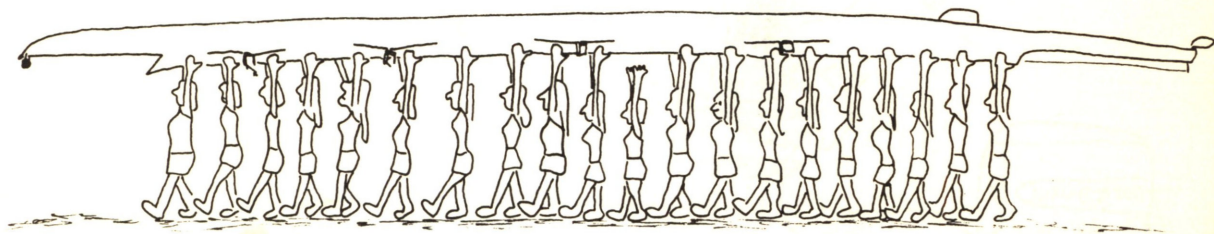
This is the first collection he has dared to make available to the public. "Crew types" certainly should enjoy it; landlubbers may not catch a few of the "in-jokes" but that is the only way we river rats would have it. They will nevertheless be entertained.

I, for one, hope there will be more from the pen of John Hooten, adding a lighter touch to the subject we often take far too seriously.

Robert Jaugstetter



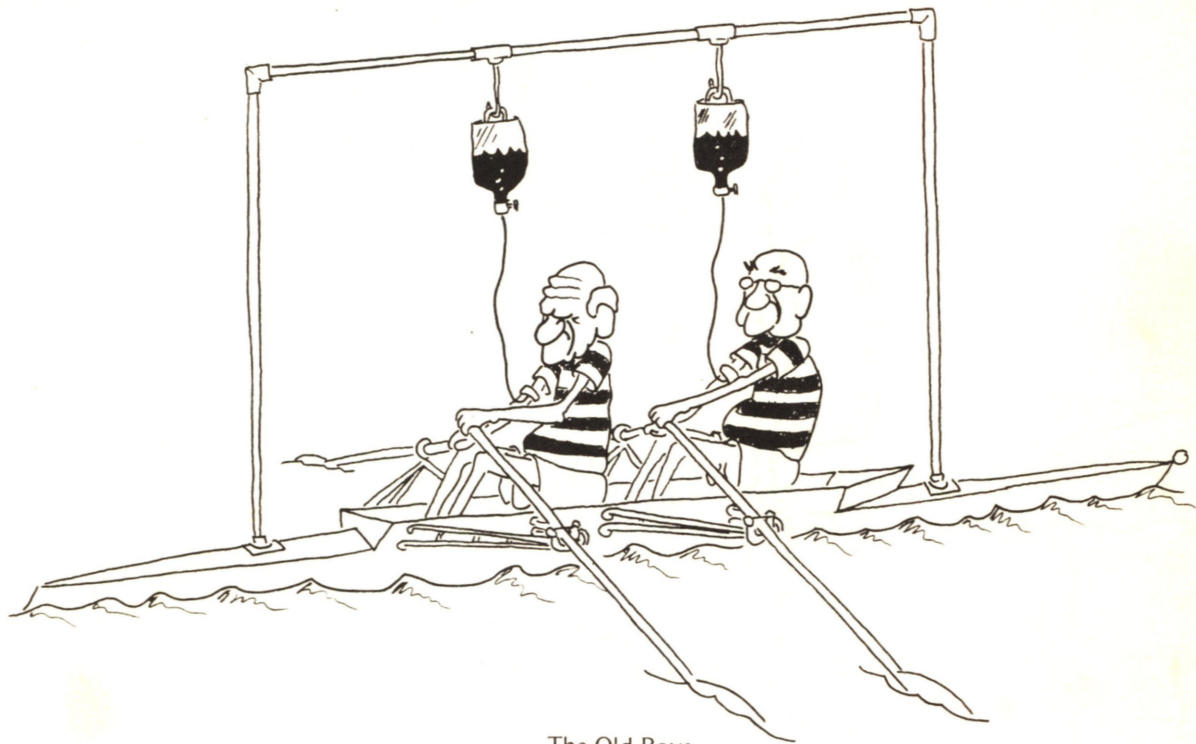
Early rowing



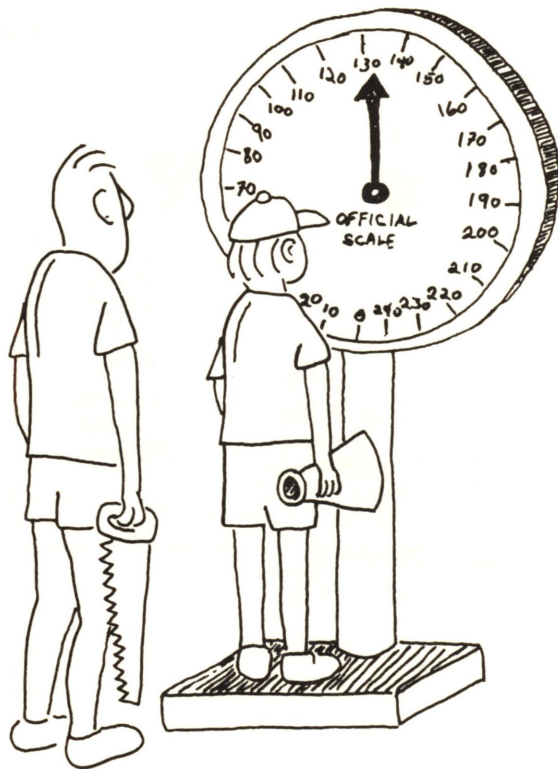
The novice eight

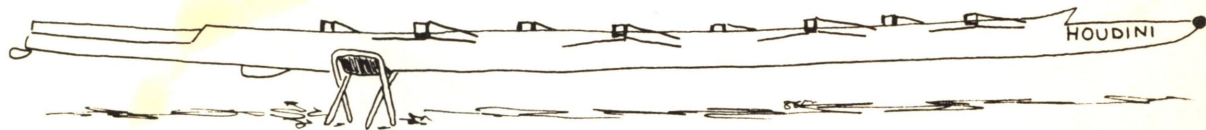


Coaching builds character



The Old Boys



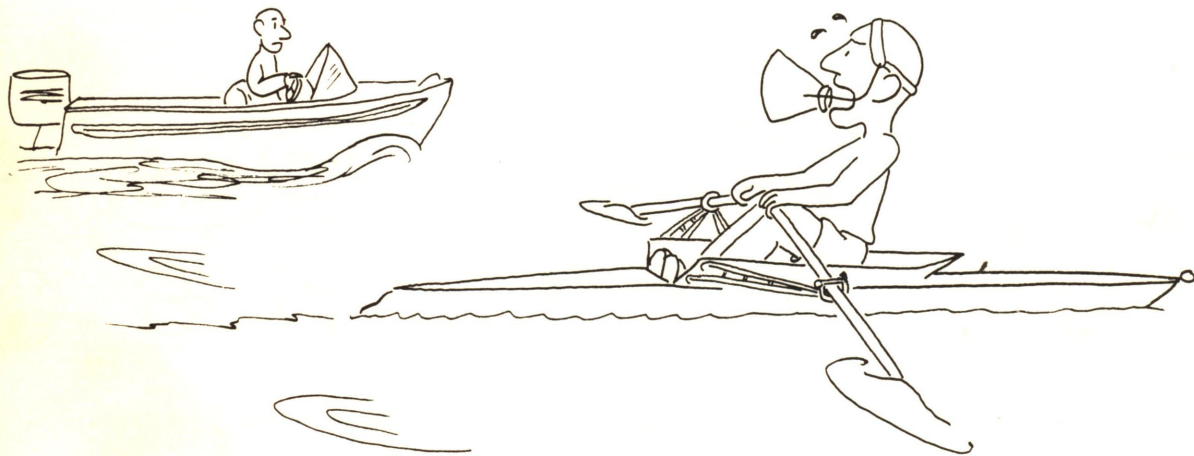


"Lane one Father Judge High School, Lane two Holy Spirit High School, Lane three LaSalle High School, Lane four the East German National Team . . . ha, ha, ha, just joking."





* BOWMEN NETHER HEAR NOR THINK MUCH



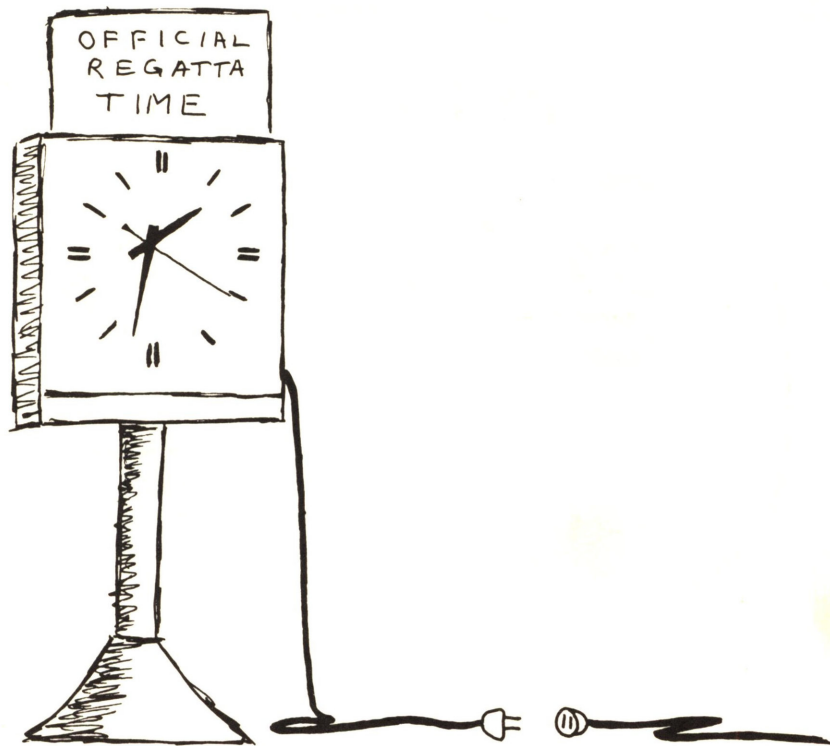
Coaching

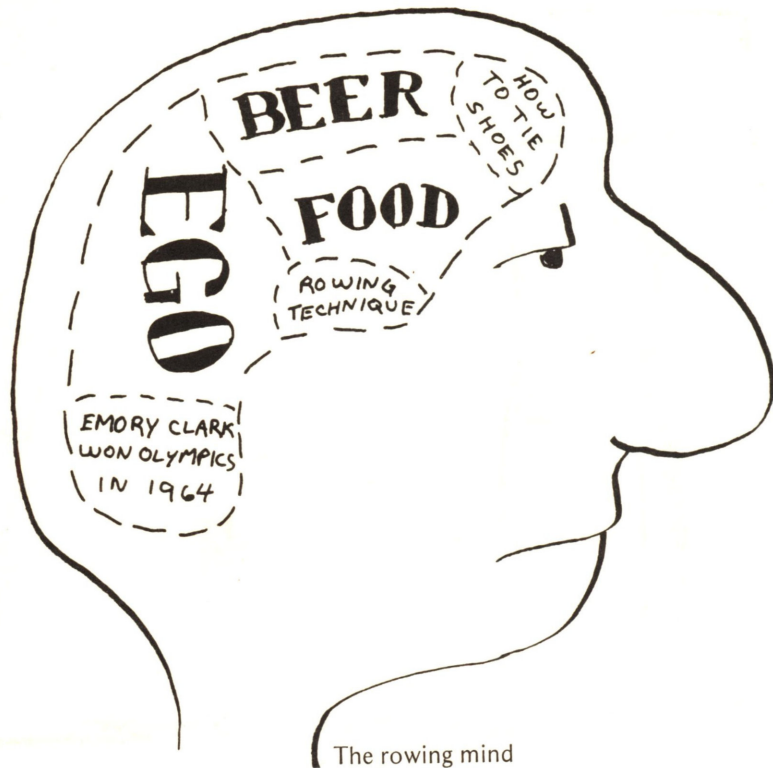


"J. Fredereck Hazel and C.K. Deischer, without Coxswain."

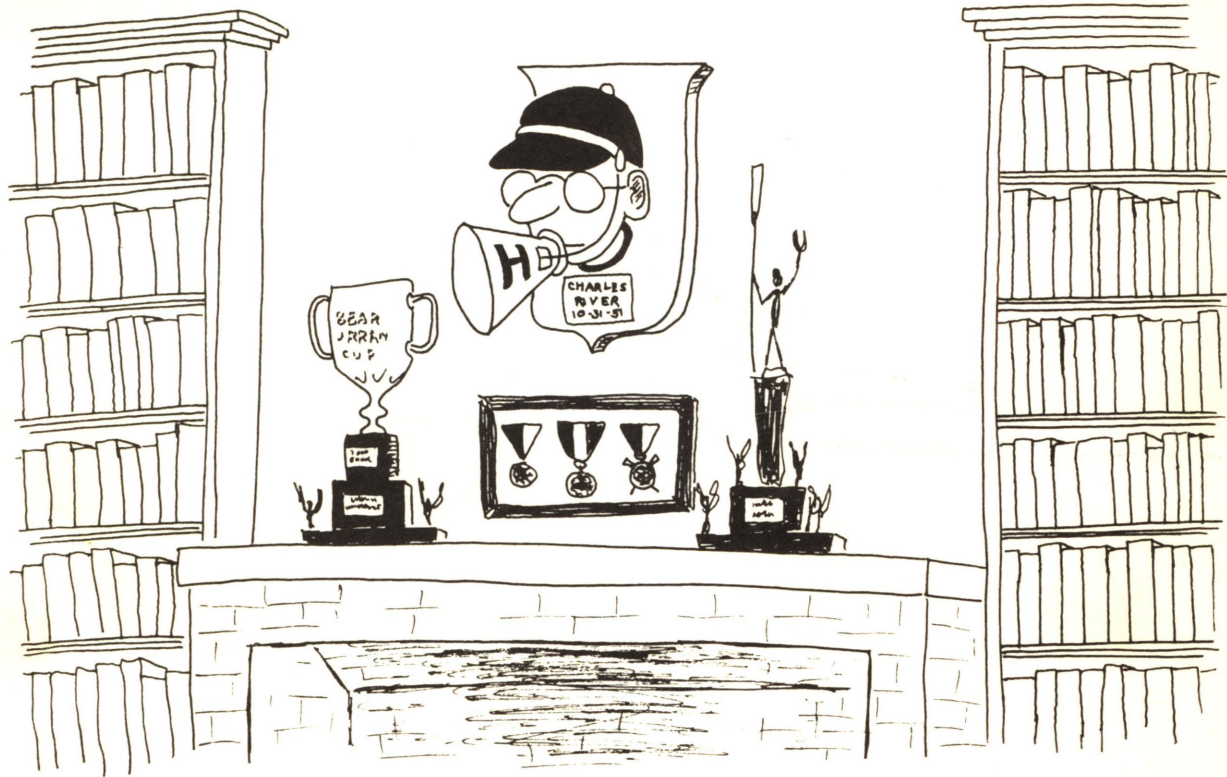


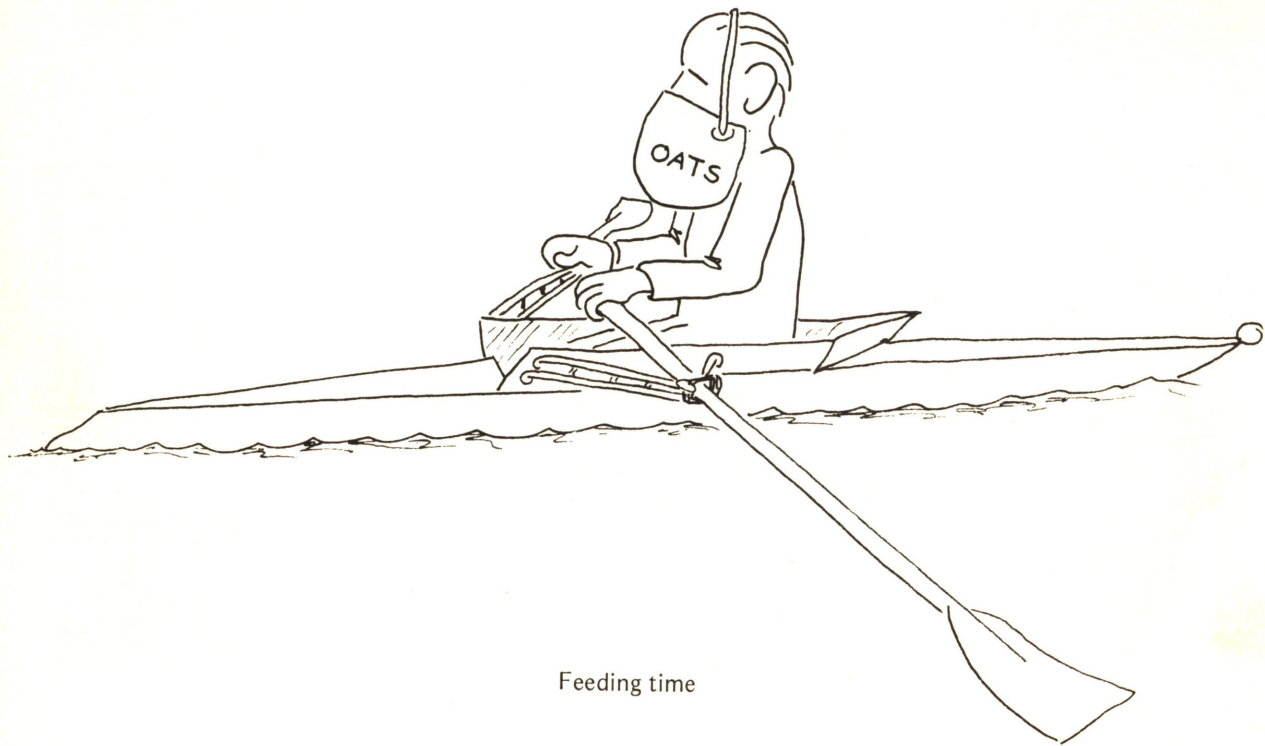
"All right, who was it?"



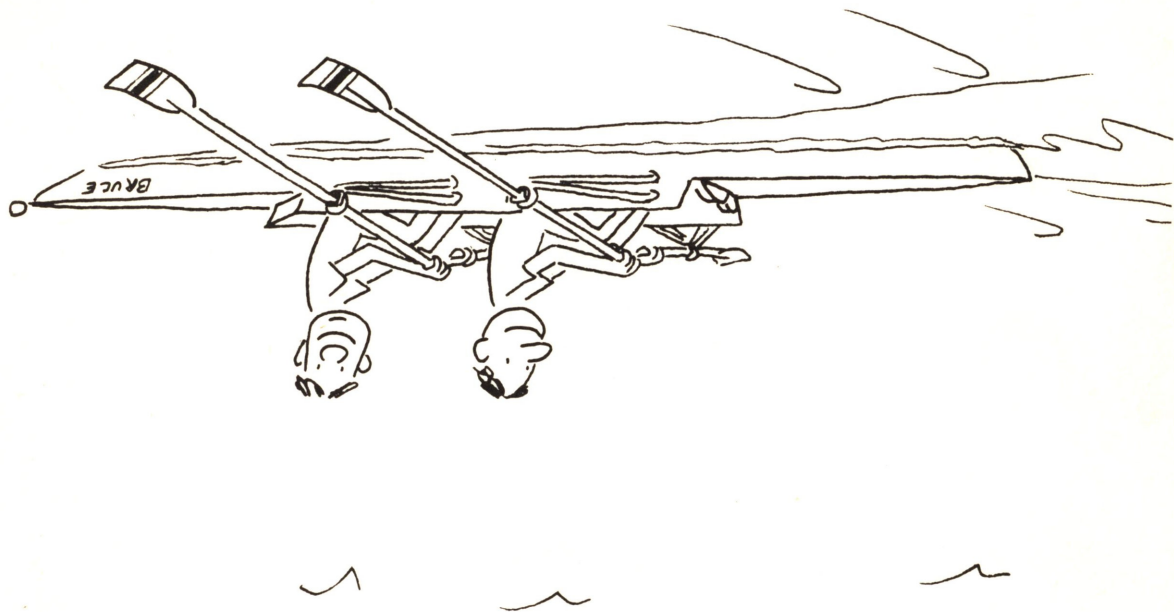


The rowing mind



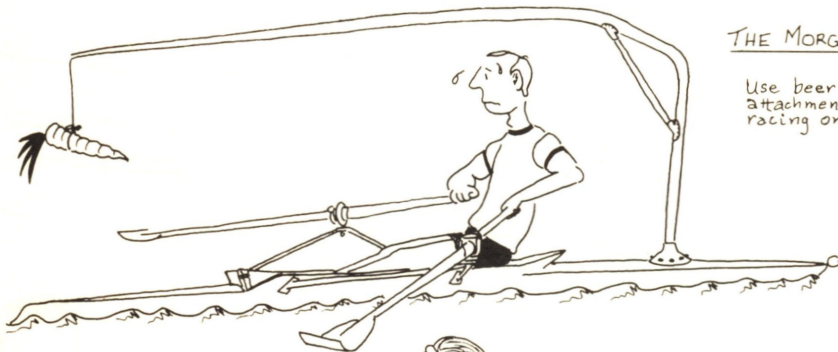


Feeding time



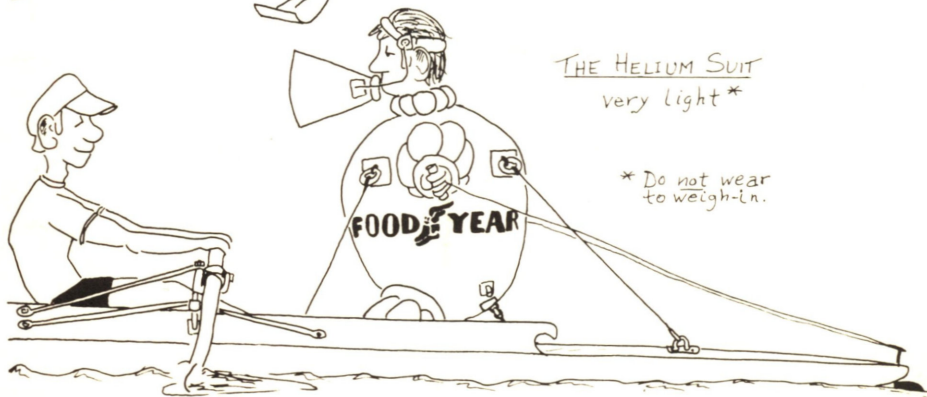
Rowing in Australia

"The Latest Advances



THE MORGAN MOTIVATOR

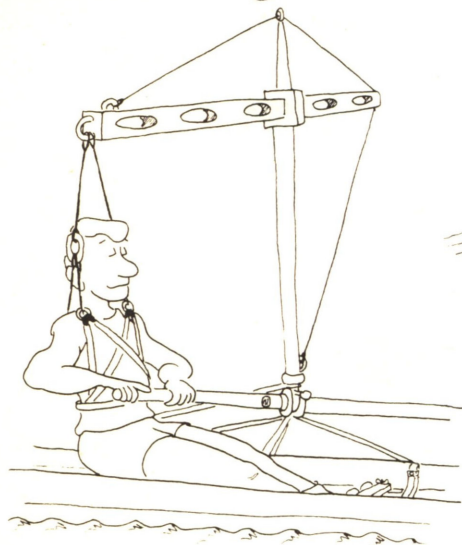
Use beer can
attachment for
racing only.



THE HELIUM SUIT
very light *

* Do not wear
to weigh-in.

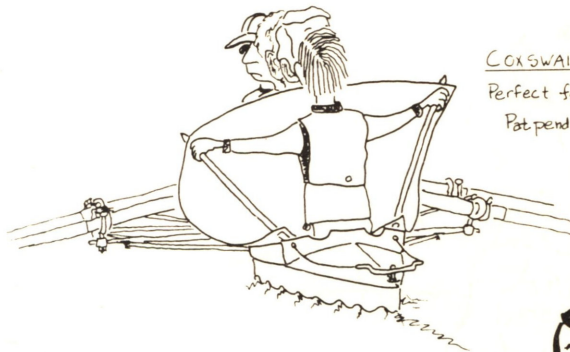
in Rowing Technology"



LONG ROW SEAT

36 EPA Est MPR,
48 steady state MPR

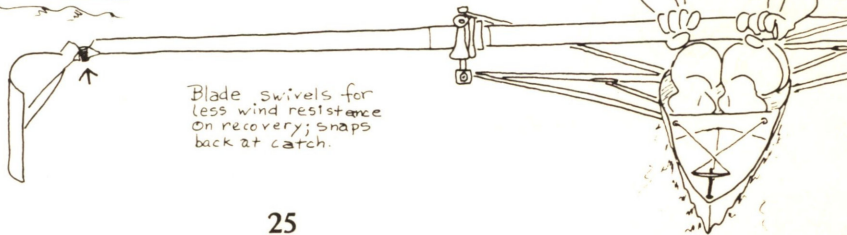
Your mileage may
differ depending on
length, cadence and
run.



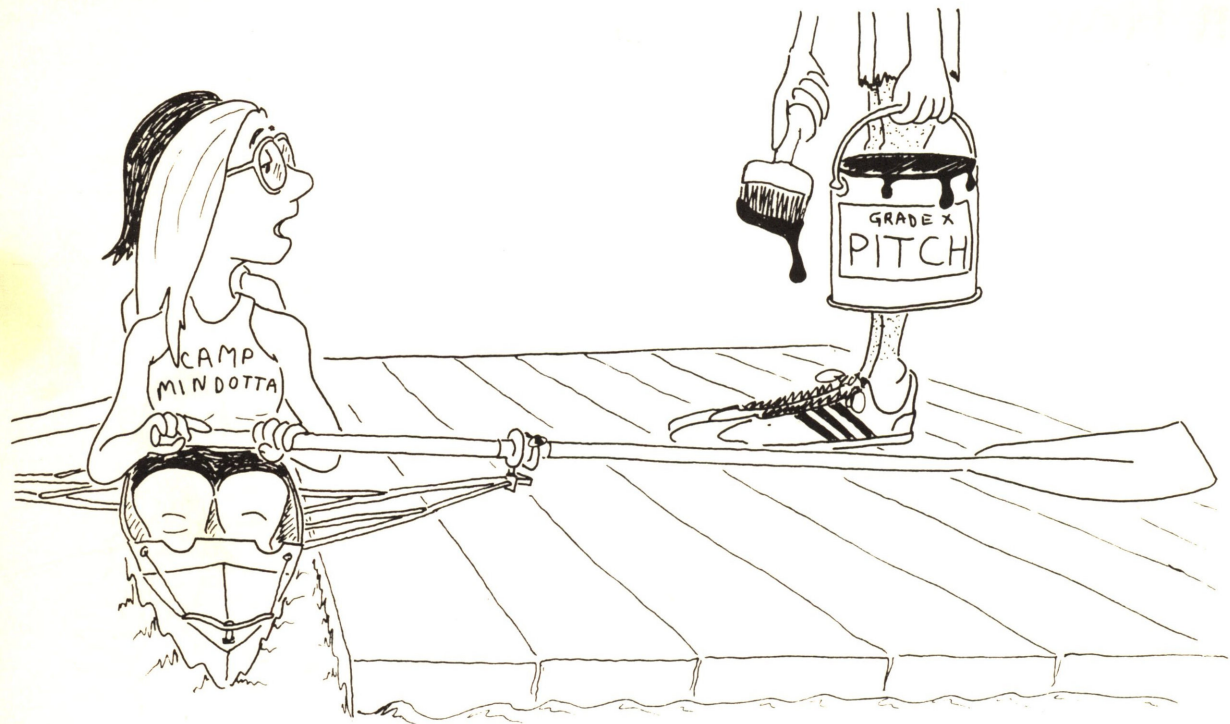
COXSWAIN SAIL

Perfect for tailwinds.
Pat. pend. Detroit B.C.

THE DEFRAITZ HEADWIND OAR



Blade swivels for
less wind resistance
on recovery; snaps
back at catch.



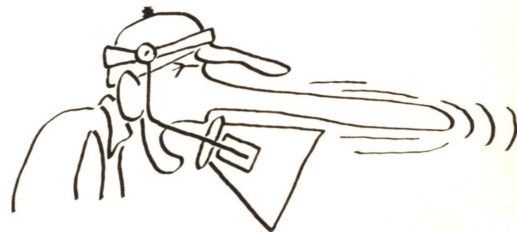
"It needs a little more pitch. I'm still cutting under."



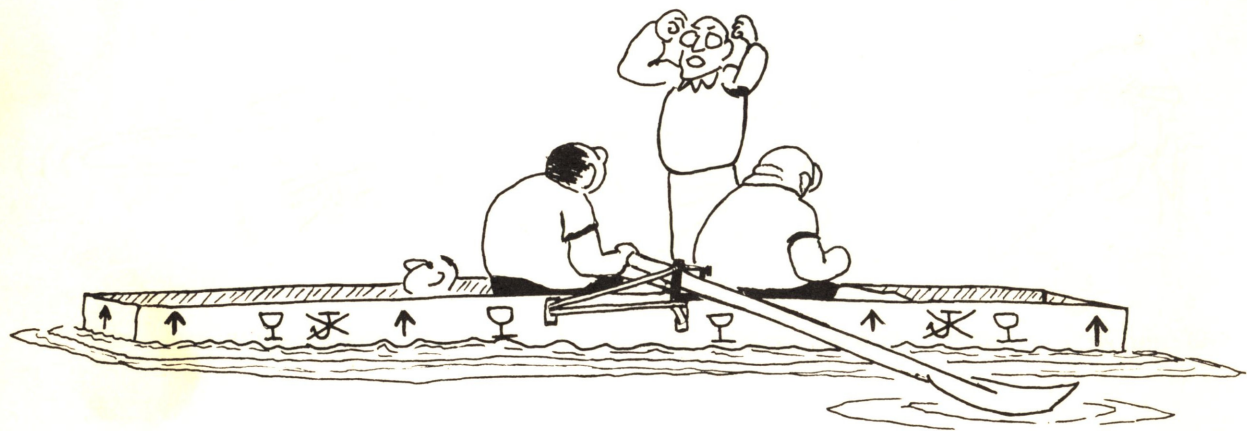
"All right, we're movin'"



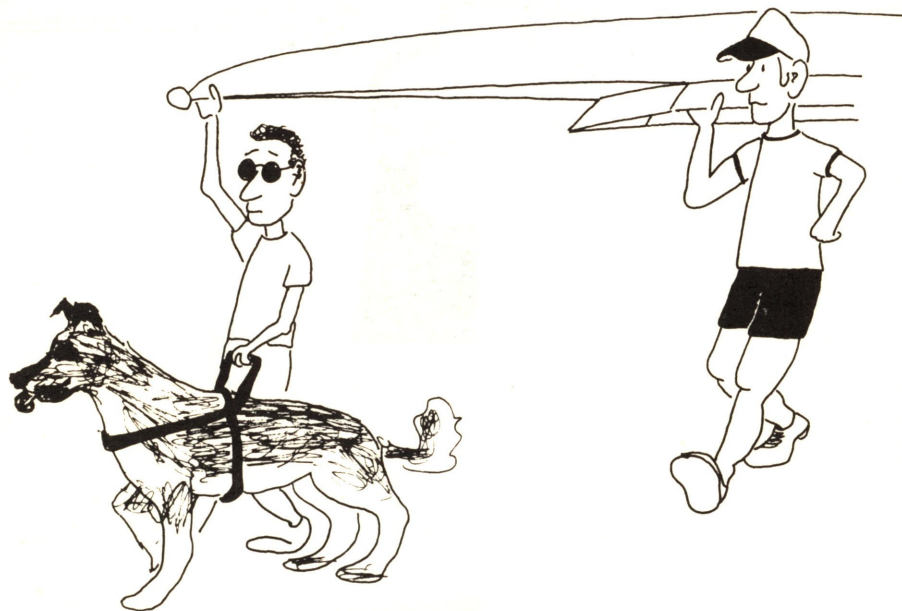
"Two strokes under and walkin' . . ."

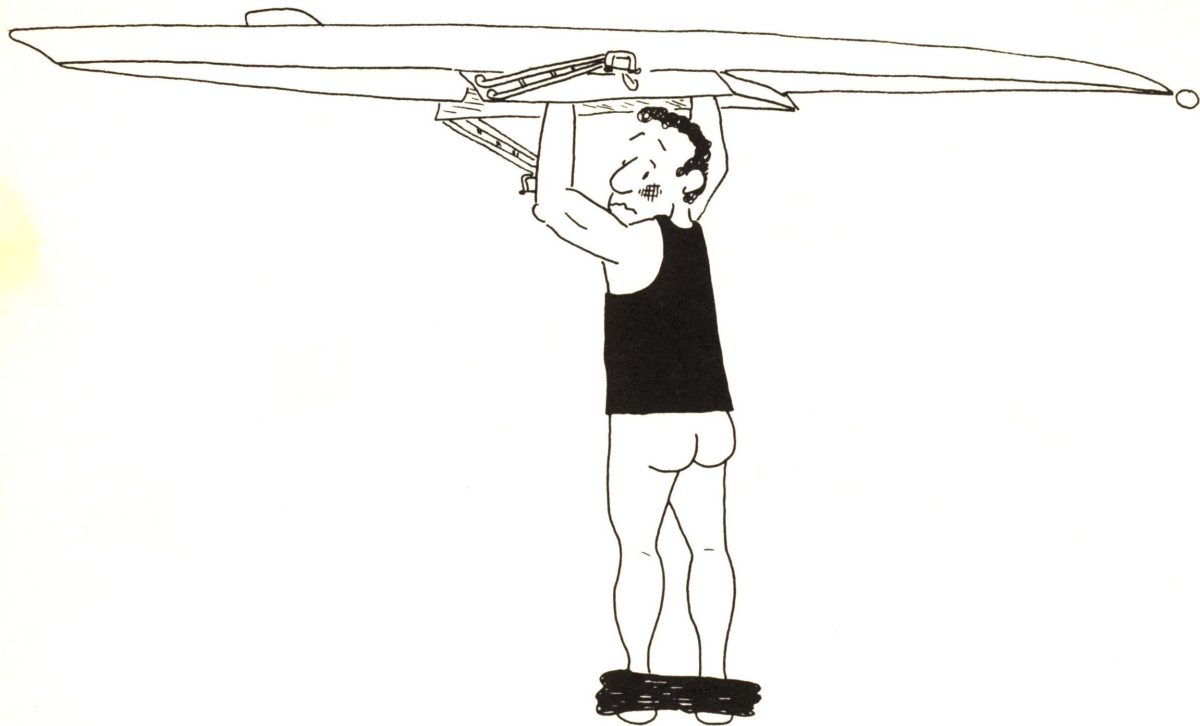


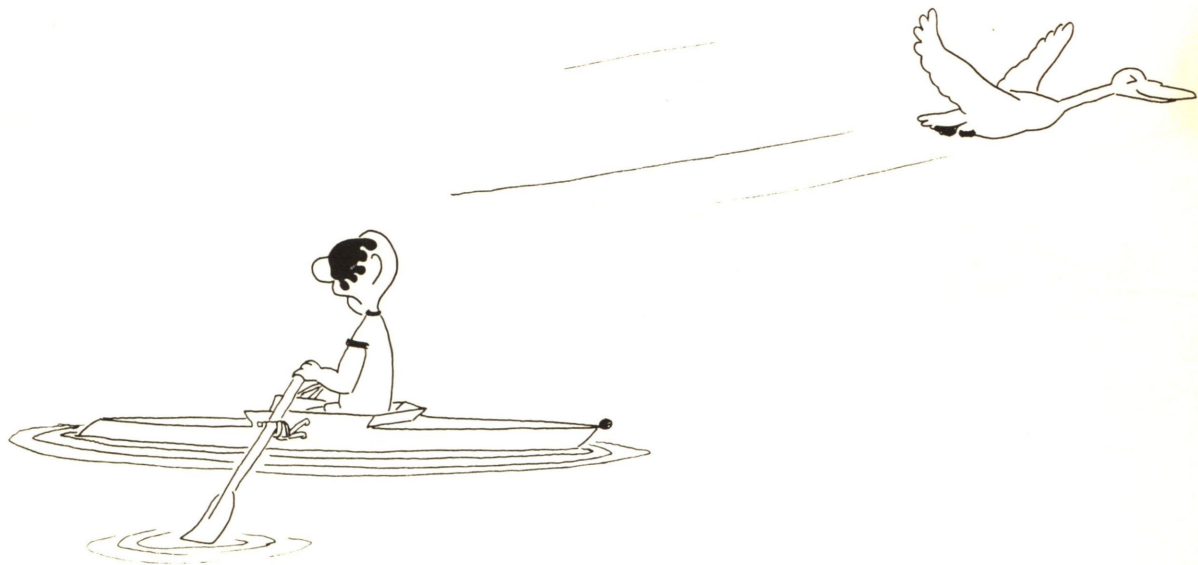
"We're movin' right through them!"



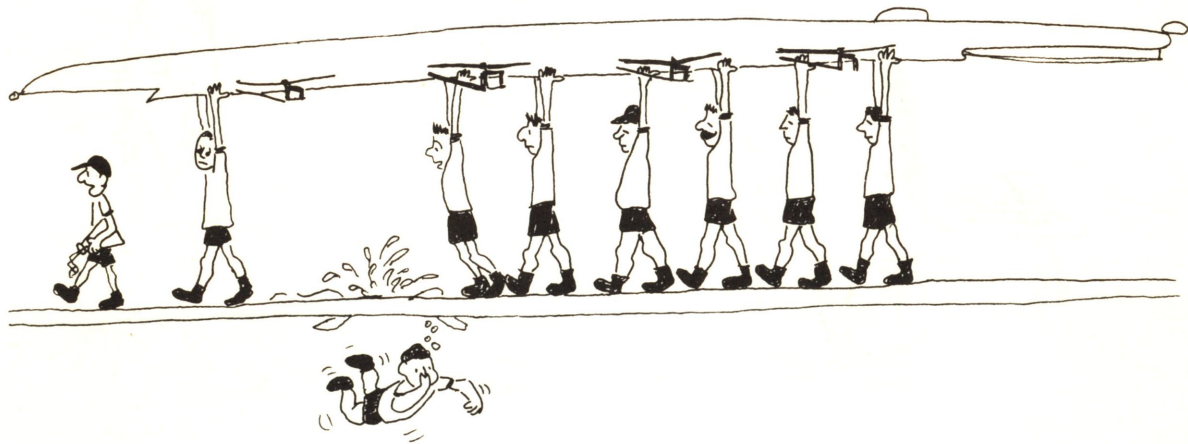
You have to take it out of the box first, stupid.



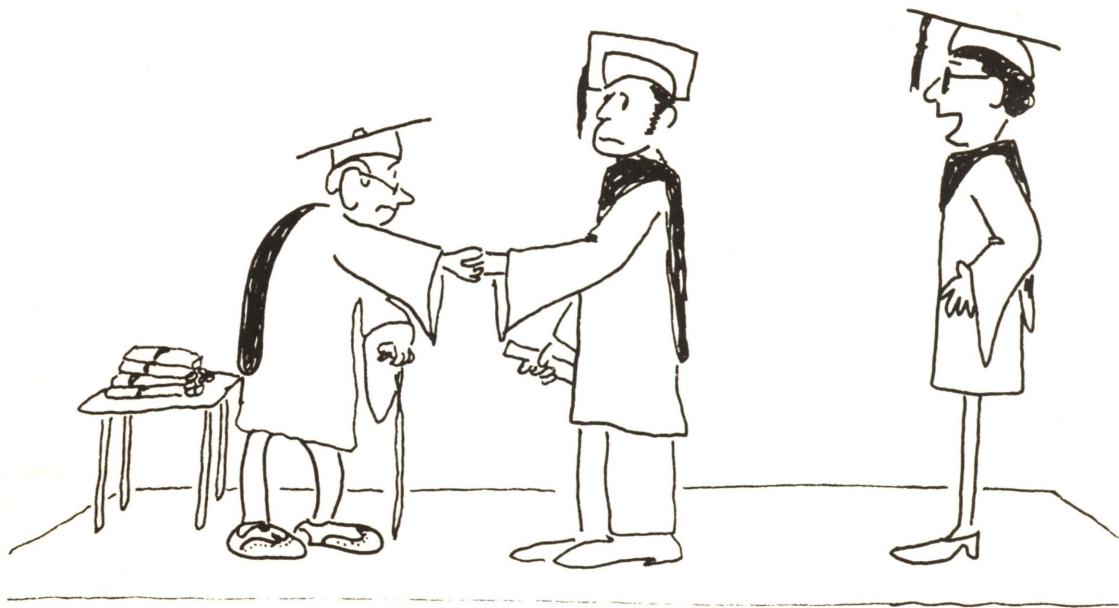




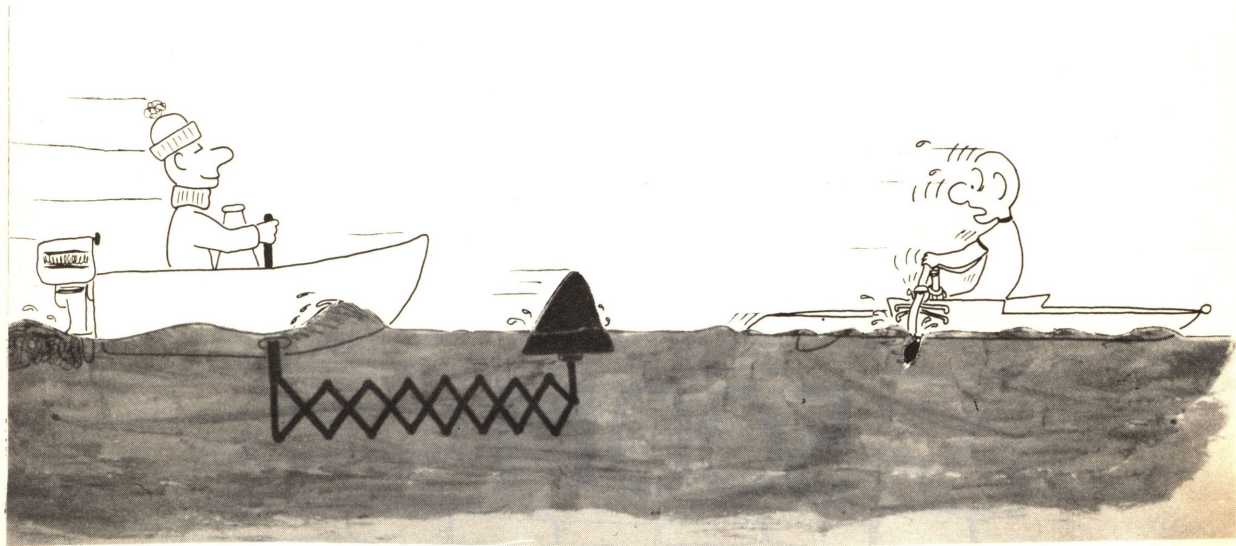


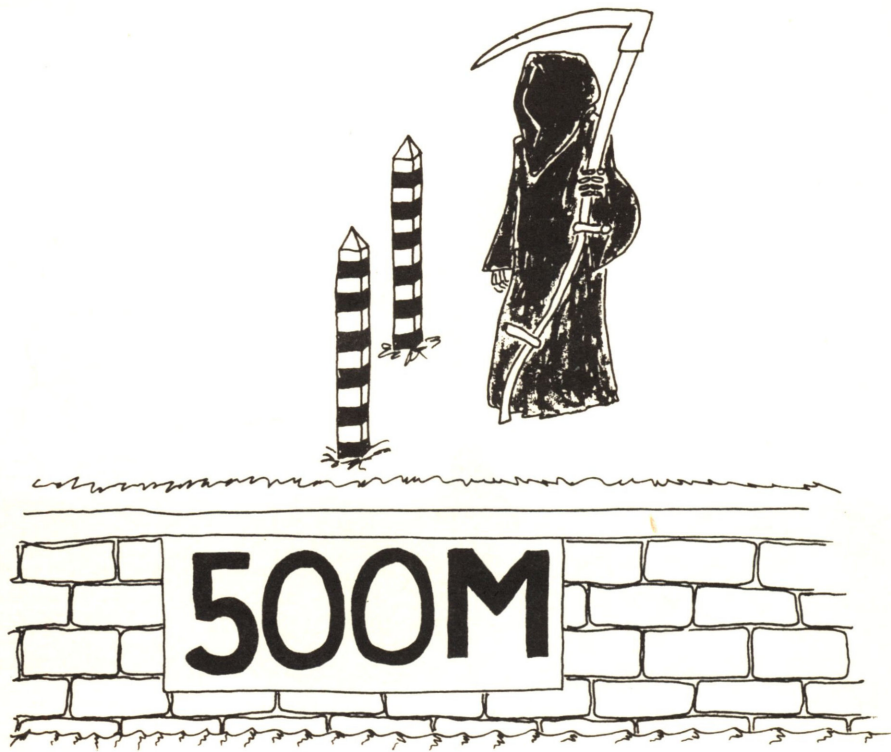


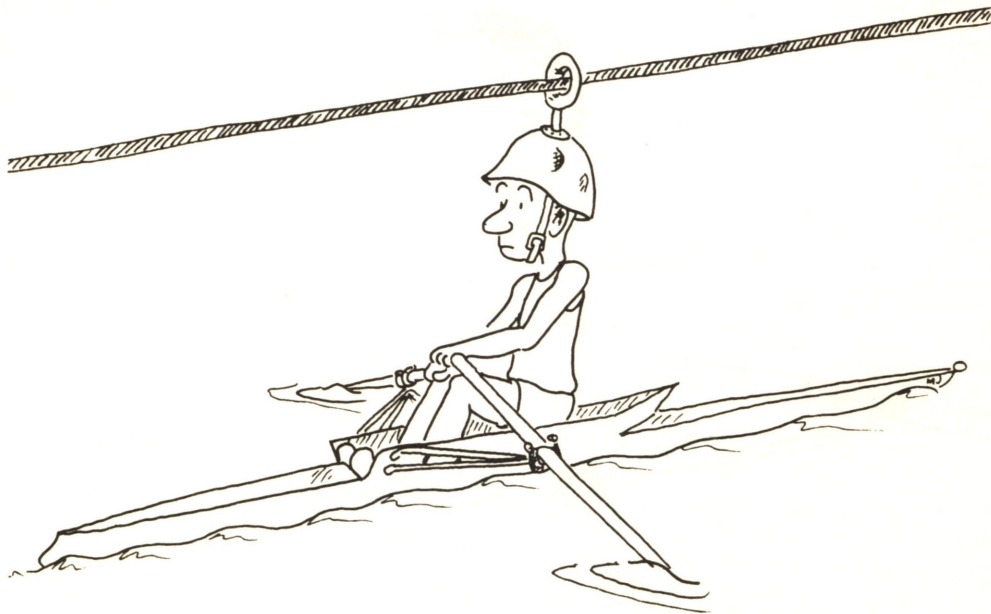
"Watch out for the hole in the dock"



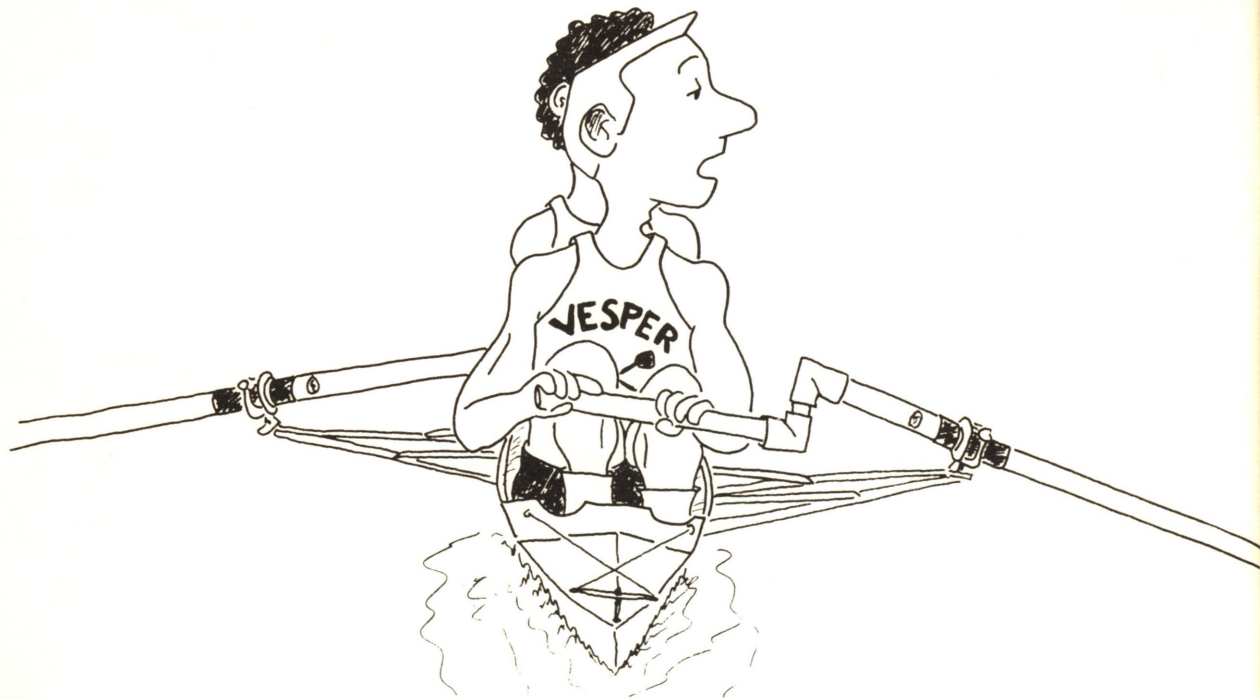
"Hey, could you speed this up.
I have to get to rowing practice!"







An alternative to the Albano System



"Did you try shimming the rigger down?"

THE COMPLETE COACH



BASEBALL CAP worn year round allowing ears to freeze properly in winter.



BAILER - cut off bottom of plastic milk bottle; always lost.



MEGAPHONE - coach cannot be heard unless he uses electric bullhorn - but crews usually row better when they can't hear the coach anyway.

GAS CAN - use more than the recommended amount of oil - to give off good oarsman-choking smoke.

TRACK SHOES - slippery, completely non water-proof, no insulation whatsoever perfect for year-round all-weather coaching.

POWERFUL THINKING-TYPE BRAIN ASK any coach.

RAINGEAR - should be waterproof (usually is not).

STROKE WATCHES - expensive, easy to lose, difficult to repair, hard to read; just what you need to confuse the issue.

DOG (ASSISTANT COACH) breed; several - mostly Siberian cheesehound function; falling in water.

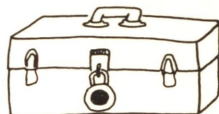


GASLINE - make sure it leaks.

Tool Box - should contain every tool ever invented except the one you need, (combination: 15-something-23)

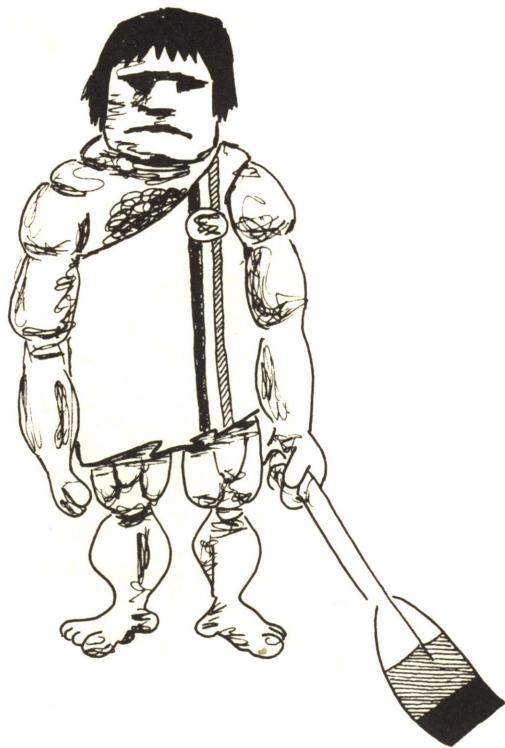
CLIPBOARD - always take notes; important details are often forgotten.

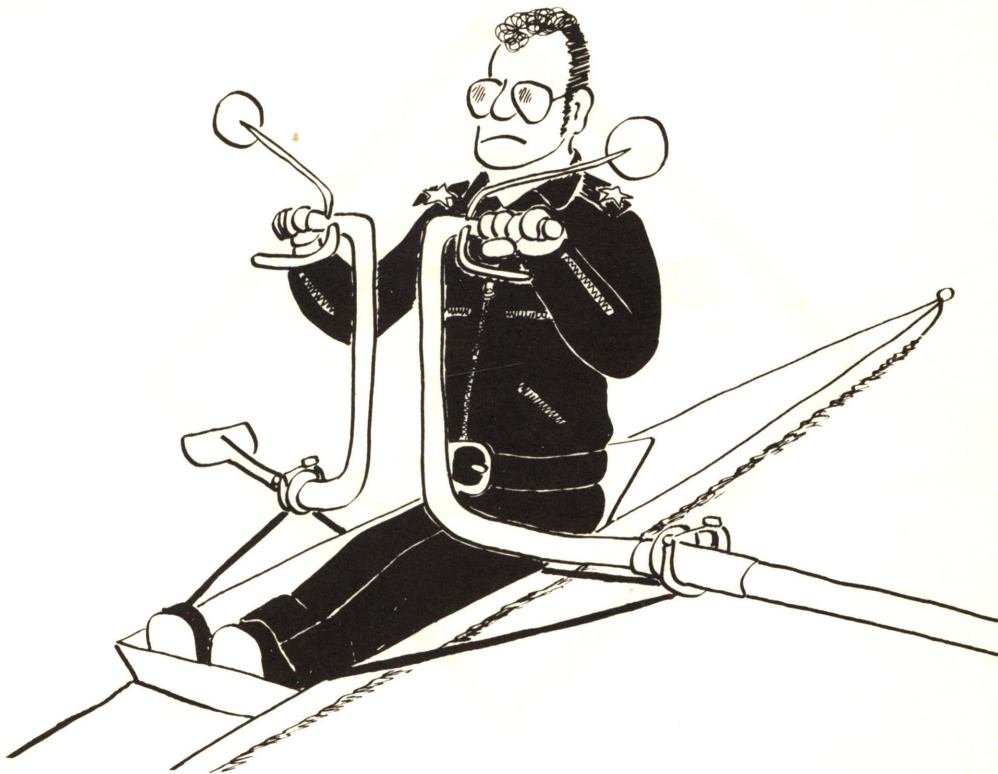
PENCIL left in locker at boathouse.



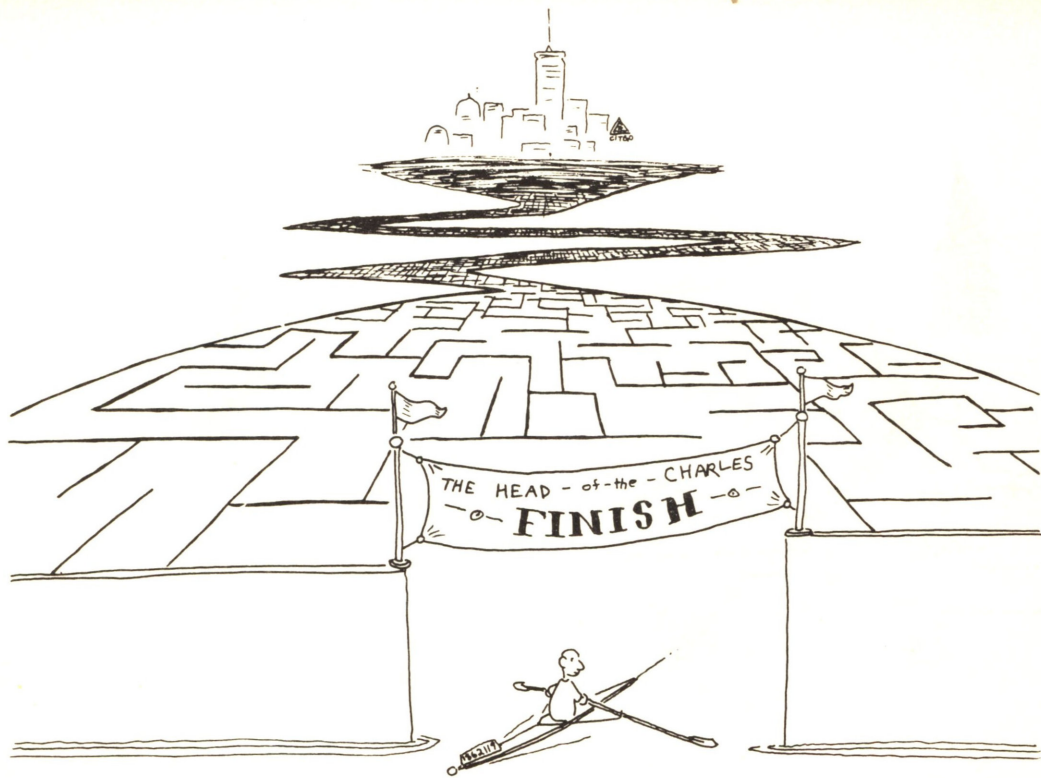
Tool Box CONTENTS

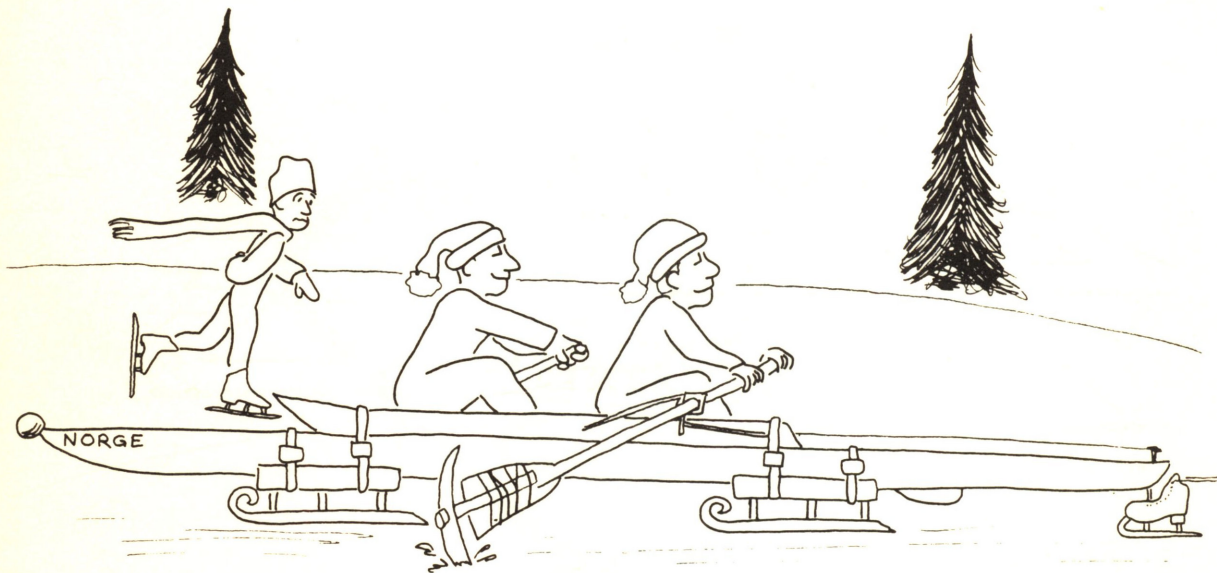
- 1-Adjustable wrench (adjustable jaw missing)
- 1-5 mm wrench
- 1-Phillips Screwdriver
- 64- Nuts (fit nothing)
- 1- C-clamp
- 1- Spark plug wire
- 1- can "Liquid wrench" (empty)
- 1- Puddle "Liquid Wrench"
- 1- Level (little glass thing broken)
- 428- washers
- 1- Ball peen hammer
- 46- carriage bolts (stripped)
- 3- Shims
- 1- Car lock (keeper broken off)
- 1/2- Button
- 2- wing nuts
- 1- Pair seat wheels
- 1- coat hanger
- 1- Allen wrench
- 1- Hose clamp
- 5- Links bicycle chain
- 5- Spark plugs (fouled)
- 1000- tiny wood screws
- 1- Rox Athletic tape (holds everything together)
- 1- pair vice-grips (this is the only tool you ever use)



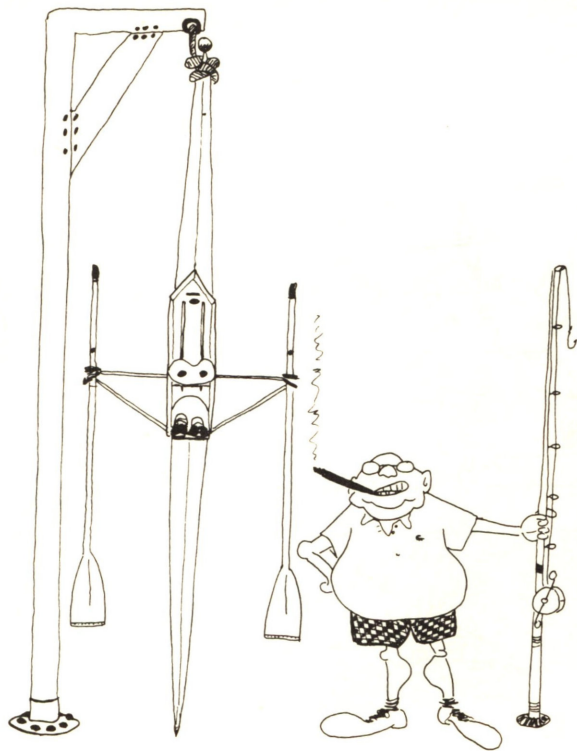




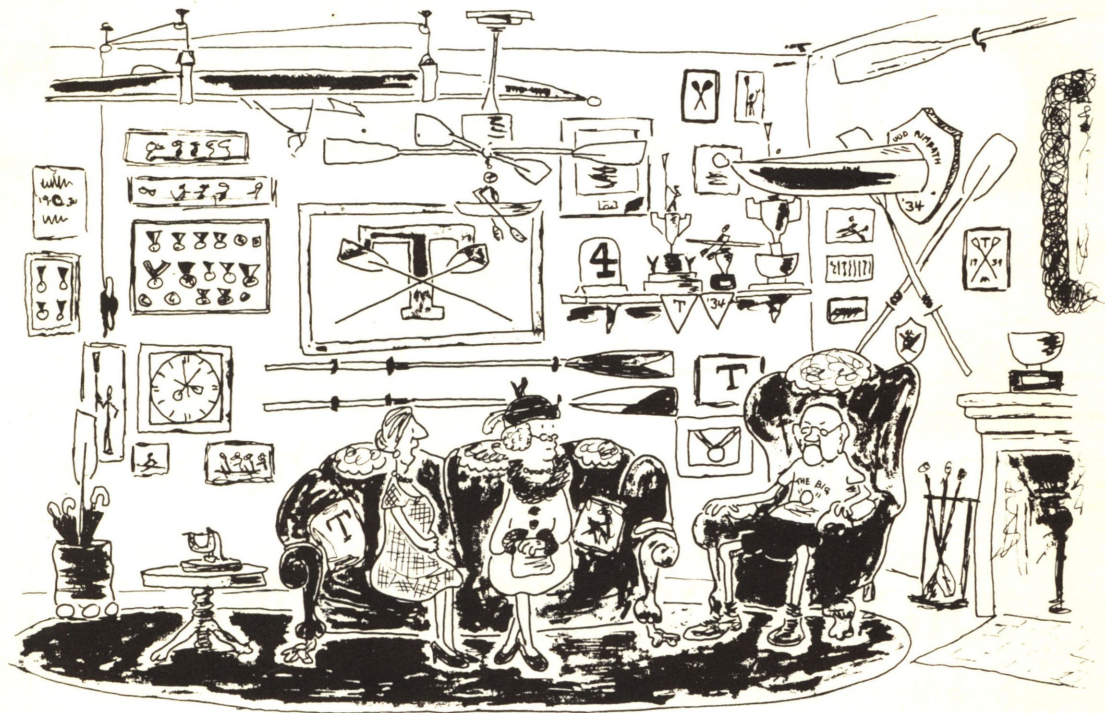




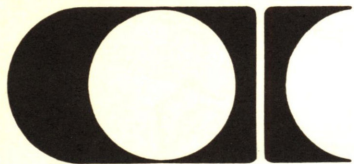
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